

Information for the Time Management Class was gathered from the following sources:

- Good, Better, Best. By Dallin H. Oaks Oct. 2007 Conference
- Personal time Management: One key to a leader's effectiveness. By Rex w. Allred June 1977 New Era
- Strength and Stillness: A Message for Women By Patricia T. Holland
- How to Eliminate Perfectionism, Overdoing It and Inappropriate Guilt! By Connie Sokol
- Building Confidence: Success Talks By Brian Tracy
- Ecclesiastes Chapter 3
- Mosiah 24:14
- Enos 1:6
- Luke 10 38-42